## BHARATIYA SANSKRITIK PARISHAD END OF YEAR REPORT (2021-22)

The academic year 2021-22 proved to be one of several new endeavours for Bharatiya Sanskritik Parishad. With the theme of "Beyond Limits," the club ensured the launch of two new programs namely "Jazba" and "Prerna" both focusing on laying the foundation for building long term art associations.

Bhartiya Sanskritik Parishad conducted a single workshop in the month of August post completion of the Senior Executive selections, sorting of logistics and planning for the year.

In collaboration with Sound Healing India, the club set up a prefatory Sound healing workshop. The focus of the workshop was to balance emotions while controlling unnecessary thoughts and to restore and rejuvenate our energies. We received a phenomenal response with students enrolling for the workshop and participating in the discussion about mental health and inner peace.

Our facilitator for the workshop was Priyanka Patel, an accomplished virtuoso with sounds established Sound Healing India to utilize sound as an effective and powerful tool to enhance all aspects of life including health, wealth, relationships and work efficiency apart from managing stress and enhancing personal and professional effectiveness.

As a part of Peace fortnight, we provided an exemplary opportunity for the "girls of today" to voice their concerns and develop their inner peace. We used assorted sound healing techniques from rhythmic clapping to deep listening all of it under guidance of our facilitator, Priyanka Patel.

In the month of September, Bharatiya Sanskritik Parishad organised three workshops. With one workshop as an art based workshop and the other two are cooking based workshops, the club was able to garner the interest of over 100 students in all. In light of the Ganesh festival, season specific activity was organised as the Modak Making Workshop.

BSP in collaboration with the Art and Design club conducted a workshop on Kerala Mural Art- a traditional form of painting that can be seen adorning the walls of ancient temples and palaces in Kerala on the 3rd of September 2021 over a zoom call attended by over 70 students. Renowned resource person Sushila Prakash through a sample painting taught the basics of Kerala Mural Art.

This workshop was a combination of theory as well as practical application. This enabled the students to get hands-on experience while understanding the history, purpose and application of Kerala Mural Art.

On the 11th of September, the club conducted a workshop to understand the art of making modaks. The students learnt two kinds of Modaks- malai and chocolate. Modaks, as a traditional Indian sweet, hold an important space in the Indian taste palette and along with the facilitator Hayati Duseja, we could understand the same.

The Dessert making workshop conducted by Bharatiya Sanskritik Parishad on the 28th of September, was one of the highlights of this year for the club. It was conducted by Ms. Asmita Ray, who's an engineering student and simultaneously takes interest in culinary arts. Students from all streams and batches were present for the workshop with the ingredients ready. Asmita Ray taught the students vanilla and chocolate cupcakes and banana tea cake. The workshop was held over Zoom and Google Meet simultaneously to accommodate the over 100 students who attended the workshop.

In the month of November, BSP launched Jazba as a special initiative that was promised to the club members at the beginning of the academic year. Jazba was an attempt to introduce workshops as longer sessions that lay a foundation for anyone who wants to pursue a particular art form professionally.

This workshop was a part of our two day initiative "Jazba" followed by tagline: Foundation to your Passion. In this particular series of workshops, the students learnt fashion illustration on 11th &12th of November.

Link to artwork made by the students and certificates awarded: <a href="https://drive.google.com/drive/folders/1szSwaPdGs">https://drive.google.com/drive/folders/1szSwaPdGs</a> ImMZdHGLorm6 rJr1fl8-b?usp=sharing

In the month of December, Bharatiya Sanskritik Parishad organised three workshops and one live session under the banner of Jazba. With the three workshops, all revolving around dance and the live session around art, the club was able to garner the interest of over 100 students in all. The theme of the year to go "Beyond Limits" truly felt shaping up with the club looking at art forms that aren't particularly traditional in nature but find Indian origins.

On the 1st of December, renowned resource person Shruti Patki through a sample choreography taught the basics of Kathak. This workshop was a combination of theory as well as practical application. This enabled the students to get hands-on experience while understanding the history, logic and movements of Kathak.

BSP conducted a dance workshop that specifically focused on expressions and smooth movement of the hands on the 12th of December via zoom for over 70 students. Renowned resource person Meghna Sharma through a sitting choreography covered the essential aim of the workshop. Meghna Sharma does not only have a Masters in Kathak but also has also been the winner of zonal and inter-zonal youth festivals and a punjabi movie artist. This workshop was purely a practical session that involved dancing along with the resource person and a few exercises to enable the students to express.

BSP conducted a dance workshop that specifically focused on dance from a non-traditional perspective. The workshop looked at the idea of fusion and what it's like to mix Indian music with non-Indian dance forms via Zoom for over 20 students,

Renowned resource person Muskan Shivnani through a western choreography covered the aforementioned aim of the workshop. This workshop was purely a choreography based session that began with warm up and ended with a completed choreography. This session proved to be a little more hectic than our usual workshops.

BSP conducted a live session over Instagram for over 30 students that helped understand the modern art form of Thread Art. Thread art is an up and coming art form that finds its roots in traditional art such as embroidery.

Vidisha Jain, a thread art professional and small business owner walked the students through the process of creating a thread art piece via a live demonstration over two sessions. These live sessions over the course of two days focused not just on watching the demonstration but interacting with the resource person to understand the nitty-gritty of doing thread art.

In the month of January, Bharatiya Sanskritik Parishad organised five discussions revolving around art, tradition and culture. With three workshops led by talented club members and two by professionals, the club was able to garner the interest of over 100 students in all.

On the 21st, 25th and 30th of January 2022, BSP conducted three sessions for Prerna around the theme of music, dance and writing.

BSP gave life to a special initiative called Prerna: Aspire to Inspire which is a concept that has been in the funnel for a while now. The purpose of Prerna was to give the club members a platform to showcase their talent and inspire their fellow classmates.

Prerna became reality in three phases. The first session was a dance session conducted by club members Lavika Makwana, Soumita Bhatta and Anuja Bhagwat. The three of them together got the opportunity to showcase their talent via a performance and by teaching choreography. The second session was a music session conducted by Charvi Mamidenna and Snehanjali Das, who taught the students the basics of music, shared their journey and performed. The third and final session was a writing session conducted by Aditi Rai and Gopika Menon who had shown interest in participating in Prerna and got the opportunity to recite their work and conduct writing exercises.

Prerna was a huge success with extremely interactive sessions and increased interest in the club.

BSP conducted a musical discussion that specifically focused on understanding music and the concept of remix. Renowned resource person Jeet Basak through this discussion and his live performance described what it is like to create musical content, create musical remixes and more on the 23rd of January over Zoom for over 30 students. This discussion was in an interview format which was later opened for questions from the audience and then wrapped with a live performance from the resource person.

BSP conducted a musical and yoga based discussion that specifically focused on understanding traditional music and yoga

Renowned resource person Manisha Rai through this discussion and her live performance described what it is like to understand Hindustani Classical music and the difficulty the journey brings. This discussion truly widened horizons as it took a holistic approach at understanding the beauty of Indian culture.

In the month of February, Bharatiya Sanskritik Parishad hosted its flagship event "Sanskriti" in collaboration with PRISM's initiative "Mizaaj"

The planning of Sanskritik began with the team getting 10 sponsors on board and a total of 14 external judges to judge 12 events. Over the course of the month, the team was able to achieve participation from colleges across India and gathered support towards budding artists aspiring to establish their ground in Indian art forms.

On the 1st of February, the team kickstarted the festivities of Sanskriti with "Pre-Sanskriti", an event to introduce the flagship event and spread awareness of the competitions. For Pre-Sanskriti, a panel of 4 ex-BSP members were invited to discuss their time in the club and answer any questions that the current members would have. The event was graced by the presence of Ms. Ankita Pal (BSP Secretary 2018-19), Ms. Twisha Tiwari (BSP Secretary 2019-20), Ms. Aishmeet Kapoor (BSP Secretary 2020-21) and Ms. Bushraa Nirban (BSP Executive 2020-21).

The following table showcases the events held during Sanskriti:

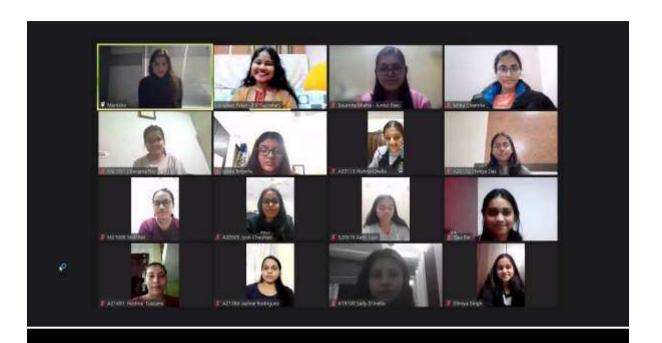
DATE	DAY	TIME	EVENT
1st Feb	Tuesday	3pm- 5pm	Pre-Sanskriti
2nd Feb	Wednesday	Submission	Remix Laga Do
3rd Feb	Thursday	Submission	Rang Bhar De!
3rd Feb	Thursday	Submission	Chitra Katha
4th Feb	Friday	4PM- 7PM	Remix Laga Do
5th Feb	Saturday	Submission	Dastaan-e- Alfaaz
6th Feb	Sunday	5PM-8PM	Lights, Camera, Act
6th Feb	Sunday	Submission	Prop It Up

7th Feb	Monday		
8th Feb	Tuesday	4PM- 7PM	Prop It Up
9th Feb	Wednesday	4PM- 7PM	Mr. Ms. Mx Sanskriti
10th Feb	Thursday	Submission	Swaad Unfold
10th Feb	Thursday	Submission	Aesthetic Aasana
11th Feb	Friday	Submission	Maskali
12th Feb	Saturday	Submission	Rang Kaal
12th Feb	Saturday	Submission	Art on Screen

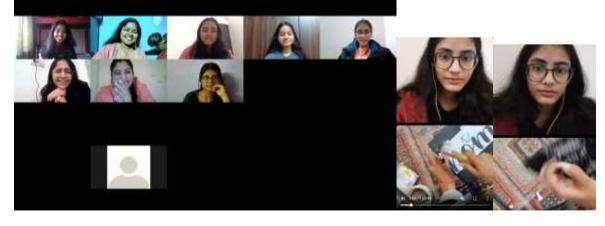
In this sense, over the course of around 11 days, Sanskriti came to life via the online medium. It also marked the closing of the academic year for the club.

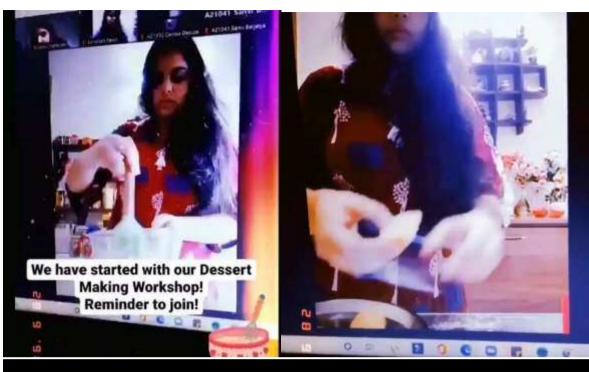
2021-22 proved to be a year of holistic group for Bharatiya Sanskritik Parishad. The club was able to achieve all its objectives set at the beginning of the year and build a foundation for more to come in the years to come.

The Year in a Glimpse

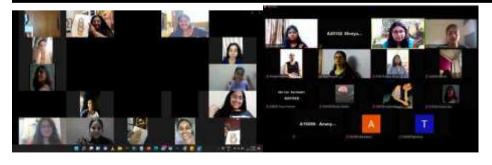














**Loveleen Palan** Club Secretary- Bharatiya Sanskritik Parishad TYBMM-Ad

